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Wednesday, August 9, 2017 metro.us | t: MetroBOS | f: MetroBoston

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WELCOME TO METRO.US!

LINNEA ZIELINSKI, SITE DIRECTOR, METRO.US

If tuning into the news lately makes you want to bite Donald Trump's head off, there's finally a solution. IT'SUGAR shops are now stocked with 3-D-printed Donald Trump gummies, so you can literally chew him out. Find out more at **metro.us/president-trump.**

TRUMP: N. KOREA WILL BE MET WITH FIRE AND FURY

President Donald Trump on Tuesday warned North Korea it would be met with "fire and fury" if it threatens the United States. Earlier Pyongyang said it was ready to give Washington a "severe lesson" with its strategic nuclear force in response to any U.S. military action. Washington has warned it is ready to use force if need be to stop North Korea's ballistic missile and nuclear programs but

that it prefers global diplomatic action, including sanctions. The consequences of any U.S. strike would potentially be catastrophic for South Koreans, Japanese and U.S. military personnel within range of North Korean retaliatory strikes. ***For more, see page 4.***

NH SUES PURDUE PHARMA OVER OPIOID MARKETING

New Hampshire sued Oxycontin maker Purdue Pharma LP on Tuesday, becoming the latest state or local government to accuse the drugmaker of engaging in deceptive marketing practices that have helped fuel a national opioid addiction epidemic. The lawsuit filed in Merrimack County Superior Court claimed that Purdue Pharma significantly downplayed the risk of addiction posed by Oxycontin and engaged in marketing practices that "opened the floodgates" to opioid use and abuse. The complaint said the Stamford, Connecticut-based company spent hundreds of millions of dollars since the 1990s on misleading marketing that has also overstated the benefits of opioids for treating chronic, rather than short-term, pain.

FAMILY TIME

3 Tom Brady kisses his mother, Galynn Patricia Brady, as she holds his nephew, Ryan Bonelli, at the end of training camp at the Gillette Stadium practice field on Tuesday.

GETTY IMAGES

5 THINGS YOU NEED TO KNOW

FDA CAMPAIGN AGAINST YOUTH E-CIGARETTE USE

4 Hot on the heels of its proposal to lower nicotine levels in cigarettes, the U.S. Food and Drug Administration announced plans on Tuesday for an education campaign to discourage use of electronic cigarettes among youth. The plan follows the agency's proposal last month to both lower nicotine in combustible cigarettes and extend by four years the date by which e-cigarette manufacturers will be required to apply for authorization to sell their products. Its new policy "aims to strike a careful balance between the regulation of all tobacco products, and the opportunity to encourage development of innovative tobacco products that may be less dangerous than combustible cigarettes," FDA Commissioner Scott Gottlieb said in a statement.

DISNEY TO PULL NEW MOVIES FROM NETFLIX

5 Walt Disney Co. will stop providing new movies to Netflix Inc. starting in 2019 and launch its own streaming service, the company said, as it tries to capture digital audiences who are ditching traditional television. The new Disney-branded streaming service will follow a similar ESPN service that will be available starting in 2018, the company said. Shares of Netflix fell 3.7 percent in after-hours trade, and Disney stock fell 3.1 percent. The streaming services will give Disney "much greater control over our own destiny in a rapidly changing market," Chief Executive Bob Iger told analysts in a conference call, describing the moves as an "entirely new growth strategy" for the company.

ON THIS DAY IN HISTORY

On Aug. 9, 1974, Richard Nixon resigns as resident over the Watergate scandal, and VP Gerald Ford is sworn in as the 38th president.

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ADVERTISEMENT

New Prostate Pill Also Enhances Sex

Men in clinical trials see dramatic improvements in nighttime bathroom urges and overall sexual performance.

NHS — A new prostate pill is helping men across the country regain control of their bladders and their sex lives. Innovus Pharmaceuticals, the company behind the breakthrough, says its key ingredient blocks certain hormones in the body that make your prostate grow. As a result, while taking the pill, your prostate gets smaller and your symptoms disappear.

"Men say the first things they notice is waking up less for the bathroom and an unexpected boost in sexual performance" says Dr. Bassam Damaj, Director of Science at Innovus.

"It's why they love the product. While most prostate drugs kill your sex life, our natural pill enhances it. Plus, it solves all the other problems. It will strengthen your stream, end your straining, and relieve the constant urge to urinate".

Sensational Improvements in Urinary Control and Performance

Sales for the new pill, which goes by the brand name *ProstaGorx*, are exploding! And that's because *ProstaGorx* is not a drug. It's something completely different. It uses natural compounds to shrink your prostate and put the brakes on prostate growth. By taking it daily, it helps men regain control of their bladders and escape all of urinary discomfort that can make life miserable.

Reverses Prostate Growth

Numerous medical studies reveal that keeping your prostate healthy is vital for avoiding embarrassing bathroom problems. When your prostate is small, you pee freely, forcefully, and without hesitation. You don't feel any pain or discomfort. And you feel fully relieved every time you go.

But when your prostate swells, you experience just the opposite. And endless battle with annoying enlarged prostate symptoms that can linger for decades! And according to new studies, they will. A staggering 80% of men suffer with them. The most common being weak urinary streams, painful urination, dribbling and leaking, middle of the night bathroom urges, incomplete emptying, and the constant feeling of having to pee.

Boosts Sexual Performance

According to new research published by the Mayo Clinic, men with large prostate have less sex, lower sex drives, and consider more problems with their erections. In fact 8 out of 10 men with prostate issues end up suffering with ED!

"Most men have no idea that their prostate can impact their sexual performance" says Dr. Damaj. "The prostate gland needs to be healthy to achieve a powerful orgasm. If its enlarged, men can experience serious sexual let downs."

ProstaGorx Offers Clinically Proven Results

- Reduce frequency and urgency
- Stop dribbling, dripping, and leaking
- Improve flow and force
- Relieve pain while peeing
- Empty your bladder completely
- End late night bathroom trips and keep you asleep longer
- And ignite your sex drive!

How It Works

ProstaGorx uses the same science that makes drugs like Alpha Blockers so effective but since it's natural it won't give you any side effects and you won't need a prescription.

As you get older your body slowly converts your remaining testosterone into estrogen through a process known as aromatase. Over the years as more testosterone is converted into estrogen, your body becomes imbalanced — too much estrogen and too little testosterone signals your to produce DHT, a growth hormone 10 times stronger than regular testosterone.

Unfortunately, instead of correcting this imbalance, the enormous spike in DHT causes your prostate to grow! As levels of DHT rise, your prostate only gets bigger... pressing hard against your bladder and clamping your urethra shut! The result is painful and persistent prostate problems that will have you living your life around a bathroom.

ProstaGorx Works: This new pill blocks hormones associated with an enlarged prostate without causing any negative side-effects

ProstaGorx naturally shrinks your prostate using a key nutrient that's clinically proven to block DHT. As your levels of DHT begin to fall, your prostate gets smaller and your symptoms vanish.

Backed By Stunning Research

In a new landmark study, the leading ingredient in *ProstaGorx* slashed lower urinary tract symptoms by a staggering 81% and was reported to be as effective as the drug Proscar but with virtually zero side effects. And in yet another study "boosted prostate health by promoting a healthy libido.

"Every since I retired my prostate has given me hell" says John Manning, 68, of Ohio. "But since taking *ProstaGorx* everything has changed. I've stopped waking up for the bathroom in the middle of the night. I pee a lot less during the day. And when I do go, my streams are strong and there's no hesitation. And out of nowhere my sex life's improved! I've tried everything and this is the only thing that's worked".

Guaranteed Effective

ProstaGorx is an exciting new prostate pill that's helping men find real relief from prostate problems without any of the negative side effects from drugs. By blocking certain hormones in the body that trigger prostate growth, *ProstaGorx* naturally shrinks your prostate, relieving your worst symptoms safely.

With daily use you'll sleep more, pee less, and have much better sex. *ProstaGorx* is clinically proven to end the urgency and frequency, improve urinary flow and force, and give you an entirely new level of comfort that makes life easier and much more enjoyable.

How to Get ProstaGorx in Massachusetts

This is the first official public release of *ProstaGorx* in Massachusetts. In order to get the word out about *ProstaGorx* the manufacturer, Innovus Pharmaceuticals is offering special introductory discounts to all Massachusetts residents.

A special phone hotline has been set up to take advantage of deep discounts during this ordering opportunity. Special discounts will be available starting today at 7:00am. The discounts will automatically be applied to all Massachusetts callers. The Special TOLL-FREE Hotline number is 1-800-790-5181 and will be open 24-hours a day.

Only a limited supply of *ProstaGorx* is currently available in your region. Consumers who miss out on our current product inventory will have to wait until more become available. But this could take weeks. The maker advises your best chance is to call 1-800-790-5181 early.

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North Korea's Kim Jong Un has overseen several missile tests recently. GETTY IMAGES

Trump warns that North Korea will be met with 'fire and fury' from US

The consequences of any U.S. strike would potentially be catastrophic for South Koreans, Japanese and U.S. military personnel within range of North Korean retaliatory strikes.

President Donald Trump on Tuesday warned North Korea it would be met with "fire and fury" if it threatens the United States.

Earlier Pyongyang said it was ready to give Washington a "severe lesson" with its strategic nuclear force in response to any U.S. military action.

Washington has warned it is ready to use force if need be to stop North Korea's ballistic missile and nuclear programs, but that it prefers global diplomatic action, including sanctions.

U.S. military and intelligence officials said any military action against North Korea could unleash a barrage of missiles and artillery in retaliation targeted on Seoul and U.S. bases in South Korea and elsewhere that would likely claim hundreds of thousands of lives.

"North Korea best not make any more threats to the United States. They will be met with fire and fury like the world has never seen," Trump told reporters at the Trump National Golf Club in Bedminster, New Jersey.

The U.N. Security Council unanimously imposed new sanctions on North Korea on Saturday over its continued missile tests, that could slash the reclusive country's $3 billion annual export revenue by a third.

North Korea said the sanctions infringed its sovereignty and it was ready to give Washington a "severe lesson" with its strategic nuclear force in response to any U.S. military action.

North Korea has made no secret of plans to develop a nuclear-tipped missile able to strike the United States and has ignored international calls to halt its nuclear and missile programs.

North Korea says its intercontinental ballistic missiles (ICBMs) are a legitimate means of defense against perceived U.S. hostility. It has long accused the United States and South Korea of escalating tensions by conducting military drills.

U.S. stocks closed slightly lower after Trump's comment, while a widely followed measure of stock market anxiety ended at its highest in nearly a month. The U.S. dollar index pared gains, and the safe-haven yen strengthened against the U.S. currency.

U.S. Defense Secretary Jim Mattis has warned of an "effective and overwhelming" response against North Korea if it chose to use nuclear weapons but has said any military solution would be "tragic on an unbelievable scale."

The United States has 28,500 troops in South Korea to guard against the North Korean threat. Japan hosts around 54,000 U.S. military personnel, the U.S. Department of Defense says, and tens of thousands of Americans work in both countries.

Seoul is home to a population of roughly 10 million, within range of massed pre-targeted North Korean rockets and artillery, which would be impossible to destroy by a first U.S. strike.

"There is no question who would prevail in the event of war, regardless of who started it, but there also is no question about the cost," said a former U.S. government expert on Northeast Asia.

On Monday, U.S. Secretary of State Rex Tillerson held the door open for dialogue, saying Washington was willing to talk to Pyongyang if it halted its missile test launches.

Still, he maintained the pressure, urging Thailand on Tuesday for more action against Pyongyang.

The successful testing of two ICBMs last month suggested the reclusive North was making technical progress, Japan's annual Defense White Paper warned. REUTERS

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FBI searching for 'One Minute Bandit' responsible for 10 Boston-area bank robberies

The FBI is seeking the public's help to identify a man responsible for multiple bank robberies in Boston, Cambridge and Somerville.

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The FBI is seeking the public's help in identifying a man they've dubbed the "One Minute Bandit," whom officials say is responsible for robbing 10 banks in the Greater Boston area since December 2016.

His nickname comes from his signature move in which he has told each teller "that they had exactly one minute to empty their drawers and turn over whatever money they had," according to the FBI.

The FBI Boston Division's Violent Crimes Task Force is working with the Boston, Cambridge and Somerville police departments on the case.

"We're seeking the public's help in identifying this serial bank robber because, at this point in time, we have exhausted all of our investigative leads, and we want to put an end to his alleged crime spree before somebody gets hurt," said Special Agent Christian Fierabend, supervisor of the FBI's Violent Crimes Task Force, in a statement.

Officials say the suspect is a white male in his 40s to early 50s, approximately 5-feet-7 with a medium build.

He has allegedly robbed 10 banks throughout Boston, Cambridge and Somerville between December 2016 and July 2017. During every robbery, officials said, he was seen wearing a baseball hat covered by a hooded jacket.

In each instance, the suspect reportedly "passed notes to the tellers, threatened a weapon and demanded cash," according to the FBI, telling them they had one minute to do so.

Over the course of his bank robbing spree, the suspect allegedly hit four Eastern Banks (three in Somerville, one in Cambridge), two Webster Banks (one in Cambridge, one in Boston), a TD Bank in Cambridge, a People's United Bank in Boston, a Citizens Bank in Boston and a Cambridge Savings Bank.

The FBI is offering a reward of up to $5,000 for information leading to the suspect's location, arrest and prosecution. Anyone with information is encouraged to contact the FBI Boston Division's Violent Crimes Task Force at 1-857-368-2000 or submit tips at Tips.fbi.gov.

WANTED
BY THE FBI
One Minute Bandit
Boston, Massachusetts; Cambridge, Massachusetts; Boston, Massachusetts; Somerville
Massachusetts; Boston, Massachusetts; Cambridge, Massachusetts; Boston,
Massachusetts; Cambridge, Massachusetts; Somerville, Massachusetts
December 6, 2016; December 16, 2016; December 22, 2016; January 3, 2017; January 1
2017; January 10, 2017; February 10, 2017; March 8, 2017; March 10, 2017; July 24, 20
UNKNOWN SERIAL BANK
ROBBER

The FBI is searching for the "One Minute Bandit," a man they say has robbed 10 Boston-area banks. FBI

PUPPY MILLS

Cambridge bans sales of commercially-bred pets

Cambridge has banned the sale of pets raised in "puppy mill" conditions in what may be the most inclusive such law in the country.

Cambridge City Council approved the ban Monday night in an 8 to 1 vote, which will prohibit the sale of mammals (including dogs and cats but also smaller pets such as hamsters and guinea pigs), birds, reptiles and amphibians from pet shops in the city.

The law would allow such animals to be adopted out of the pet stores if they come from shelters or rescue organizations. Officials worked on the ordinance for 18 months and consulted with the MSPCA.

Laura Hagen, deputy director of the MSPCA's advocacy department, said this is probably one of the first such bans in the nation and called it "a win-win for animals."

"A USDA report on one of the suppliers for PetSmart and PetCo, as well as undercover investigations for other suppliers, showed in unfortunately graphic detail the conditions in which these animals were being bred and raised," she said. "That is part of the motivation behind supporting it, because if pets stores can't adequately ensure animals in their supply chain are being treated humanely, they shouldn't be able to sell them."

The report from 2016 found evidence of animals frozen alive and also trapped in unclean cages without food, water and necessary veterinary care.

The Cambridge law will go into effect in 12 months in order to give the city's two pet stores (a PetSmart and a PetCo) time to adjust their sourcing policies, said Cambridge Vice President Marc McGovern. KRISTIN TOUSSAINT

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the word

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"The Bachelorette" picked wrong. So, so wrong

Bryan Abasolo won Rachel Lindsay's heart on the finale of "The Bachelorette." We do not approve because, real talk? Bryan is the worst.

Rachel is charming, incredibly intelligent, and straight-up stunning. And it looked like she could do no wrong. But then, she picked Bryan — the skeevy one with the overbearing mother — over beautiful gap-toothed, salt-and-pepper fox Peter, and beautiful, charming, gorgeous Eric. Girl, what?

Here's why the bilingual chiropractor from Miami was the wrong choice — from the moment Rachel gave him the first-impression rose.

He says "mwah" every time he kisses her on the cheek.
Why is onomatopoeia necessary? It makes the whole interaction seem childish and insincere.

In the first episode, he went so far as to give her "brownie points" for understanding some of his Spanish.
This is just a matter of rules-of-war: It is you who should be vying for her brownie points, sir. She doesn't need your approval, she's already perfect. Also? She's the dang Bachelorette!

The time he asked, "Have you ever dated a Colombian?"
It's kind of distasteful to ask about the ethnicities of someone's previous partners.

And to make it worse, when she responds that she hasn't, he tells her multiple times: "Oh, girl, you in trouble." What does that even mean?

He consumes her whole face whenever he kisses her.
Like a dementor sucking the soul out of a beautiful and innocent Muggle. It's pretty rude.

"If she doesn't accept, I think it'll be the biggest mistake of her life."
These are literal words he says in the finale. Literally.

Two words: his mother.
Who jokes about killing Rachel? Seriously.

This guy? Really?

ADDITIONAL REPORTING BY MICHELLE BYRON.

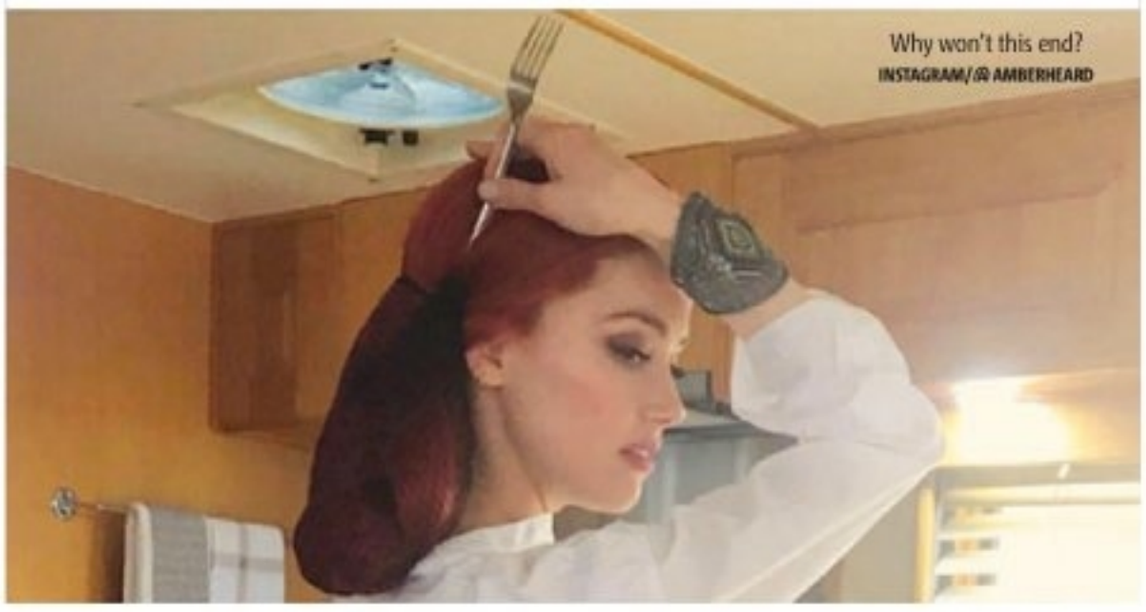
Elon & Amber still "love" each other

If you were worried that there were any hard feelings between Amber Heard and Elon Musk, don't be! On Tuesday, Musk, 46, went out of his way to prove that his split with Heard is like, so amicable.

Heard, 31, ever the thirst-bot, posted a picture of herself sticking a fork into her red wig, recognizing that she looks like a beautiful, albeit low-budget Ariel from "The Little Mermaid." And Musk immediately took to the comments, writing "Very cute." Succint!

Then, he elaborated. "Btw, just to clear up some of the press storm this weekend, although Amber and I did break up, we are still friends, remain close and love one another," he wrote. "Long-distance relationships when both partners have intense work obligations are always difficult, but who knows what the future holds." Sure!

So, uh, hopefully this is it and neither of these two will continue milking their former relationship beyond it's worth. Hopefully.



Why won't this end?
INSTAGRAM/@AMBERHEARD

Don't blame Jennifer Lawrence

Why, though?
ALL PHOTOS GETTY IMAGES UNLESS OTHERWISE STATED

After Chris Pratt and Anna Faris officially announced their separation on social media, fans on Twitter, apropos of nothing, decided it's J. Law's fault. She's hot and she recently costarred with Pratt in "Passengers," so she must be the homewrecker!

Sure, the male human embodiment of a golden retriever and America's favorite effortless cool girl may have indulged in a semi-abusive relationship while trapped on a spaceship. Sure, they're both blond, seem down-to-earth, and likely fun to drink beers with. But none of that indicates they ever smashed.

This isn't the first time the rumor mill has linked the two. Back in 2015, Star magazine alleged that Faris was worried about her husband and Lawrence cheating on the set of the problematic outer-space romance.

In reality, Lawrence has been busy dating director Darren Aronofsky since last fall. She stars in his latest, a thriller called "Mother!," out in September. Javier Bardem plays her husband, so, uh, you better watch out, Penelope. KATE MOONEY

Meet the real New Yorkers

Hulu's "Difficult People" gets real about what it takes to live in New York.

EVA KIS
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Julie Kessler (Julie Klausner) and Billy Epstein (Billy Eichner) get these looks a lot in "Difficult People." HC BAILEY, HULU

New York had a very flattering run in movies and TV. For a few decades now, people believed our streets were clean instead of a hazardous obstacle course, our social lives looked like "Friends" rather than watching it from our sofa, and that an apartment anywhere in Manhattan was affordable on your own.

Myths aside, don't misunderstand — Lin-Manuel Miranda wasn't wrong when he dubbed it the "greatest city in the world." But he left out how difficult it can be on the people who live in it.

That's where "Difficult People" comes in. Hulu's original series returned for its third season on Tuesday, bringing back the two most realistic New Yorkers in entertainment with Julie Kessler (creator/writer Julie Klausner) and Billy Epstein (Billy Eichner).

As the title implies, these are not nice people. It would be easy to dismiss their jaded attitude as just typical comedians, but here's a secret about them that's also true for New Yorkers: They're bitter because they're idealists. New York City forces you to cultivate selfishness as a survival mechanism.

The selfishness of Julie and Billy is distinct from other modern series set in the city. The closest analogue in terms of New York life is "Broad City," but theirs is a selfishness rooted in obliviousness. And while "Girls" was rightly praised for its realism about the personal and professional struggles of young women, they were by turns so narcissistically selfish that it's a wonder they didn't shift planetary orbits.

But Julie and Billy are selfish out of self-defense, and that's getting much closer to the core of New Yorkers; it's how they survive. Professionally, you're defending your aspirations against a city full of the most talented, beautiful, intelligent people. Personally, you're defending your time and energy by having a small circle of people you truly care about.

Selfishness becomes your shield, humor your sword to keep fighting for your place in the city. Because magic does happen — why else would you stay? You get the part you auditioned for; you find someone as weird as you. But to be ready for it, you need to be selfish.

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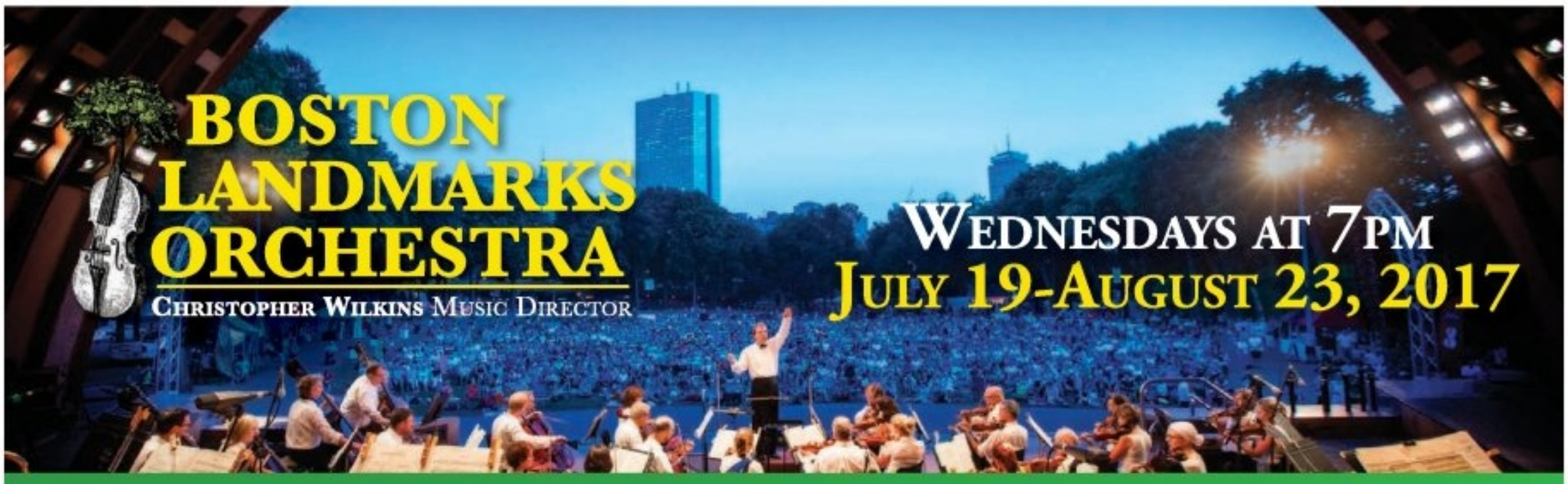

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Orange wine is the new rosé at these Boston restaurants

Meet your new favorite vino.

HENRY JANI
@MetroBOS
letters@metro.us

See what the buzz is about. ALL PHOTOS PROVIDED

Wine connoisseurs, take note.

Orange wine is now available at two Boston restaurants, and it's not a glorified mimosa. It's actually more of a reverse rosé.

"With red grapes used to make red wine and rosé, the pulp inside is white," explains Bertil Jean Chronberg, co-owner and wine director of Beat Brasserie and The Beehive. "The color actually comes from sugars being transformed and releasing the color of the grape's skin."

Rosé only briefly comes in contact with the grape skins to create that signature pink hue. Orange wine, relatively, undergoes the opposite process. White grapes that have darkened in the late harvest are "directly pressed with contact, which dissolves the skin, and results in the lightly colored orange wine," Chronberg says.

The general rule for food pairings is that you can put a rosé where a white wine would typically go and an orange wine in place of a red. Chronberg says this is why orange wines should not be chilled, optimally served no colder than 50 degrees Fahrenheit.

While orange wine is now catching on as a more mainstream option, it has actually been cultivated for hundreds of years in places like Italy, Croatia and Georgia. "A lot of these older wines were too strong," says Chronberg, but newer technologies have made it easier to control the severity of flavors so that orange wine tastes more floral and rosy.

While dining at Beat Brasserie or The Beehive, Chronberg would serve orange wine with "strong-character meals" such as barbecue steak, paella, couscous and other Middle Eastern or Tuscan cuisine.

"It's not made for white fish," he adds, "but for something like seared swordfish with spiced eggplant."

Orange wine is on tap at Beat Brasserie.

The current orange wine at Chronberg's restaurants, named Anne Amie, Rosè of Pinot Gris 2016, is produced at the Twelve Oaks Estate Vineyard in Willamette Valley, Oregon. It is currently available on tap at Beat Brasserie.

"I've worked with them for a very long time towards a dream we had of putting an orange wine on tap," Chronberg says.

If you go:

Beat Brasserie, 13 Brattle St., Cambridge, beatbrasserie.com; The Beehive, 541 Tremont St., Boston, beehiveboston.com

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[1] www.dopedirectory.com
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7 Ways to clean with white vinegar

White vinegar is non-toxic, antibacterial and the cheapest household cleaner you might ever encounter.

KIMBERLY M. AQUILINA
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There is a liquid in your home just sitting there, so unassuming in its bottle, but secretly magical. Not wine (that magic isn't a secret, anyway), but white vinegar. If you've never tried cleaning with white vinegar, here are a few ways to start.

1 Microwave

Mix 1/4 cup vinegar and one cup of water and boil in the microwave. When things get steamy, open the door and wipe away the gunk. The heat and moisture will have loosened the grime so you don't have to chisel it away.

2 Window cleaner

Mix equal parts distilled white vinegar and water. You can mix in a bucket, apply with a sponge and squeegee off (be sure to wet the squeegee first) or mix in a spray bottle and wipe off using paper towels, microfiber clothes, or newspaper.

To avoid streaks, don't do when the window is in direct sunlight. Still seeing streaks? You might have buildup from your previous cleaning products. Go with warmed-up full-strength vinegar.

3 Mopping the floors

If you have no-wax floors, this is an easy trick for rinse-free cleaning. Mix 1/2 cup of white distilled vinegar to a half-gallon of warm water. Use a mop or do it the old-fashioned way: with a rag or sponge.

Change the water when it gets dirty.

4 Bathtub cleaner

This is a two-parter: First, wipe the tub with white distilled vinegar; second, follow up with baking soda, and rinse.You can even clean shower doors with vinegar. Soak a sponge in white vinegar and wipe. You don't even need to rinse!

5 Unclog the showerhead

Add a cup of vinegar to a plastic storage bag and soak the showerhead in the vinegar overnight. In the morning, remove the bag and turn on the shower.

6 Pet-stain removal

Once your puppy piddles on the carpet, he's going to smell that spot and think it's his personal toilet. Getting out the odor is more important than getting out the stain, unless you're cool with your living room being used as a lawn.

First step: Blot, blot and blot. Using paper towels, blot up as much of the urine as you can. Walk on the paper towels to really soak it up.

The cure for Spot's spot on the carpet: Blot, blot, blot, then soak it up with white vinegar and water.

Next, make sure your carpet is colorfast. If you don't know, dab some vinegar on a spot that isn't very visible. If the color stays, you're good to move on to the next step.

Mix equal parts white vinegar and water, wet the spot thoroughly and let it marinate for about 10 minutes. Repeat step one.

If you feel fancy, sprinkle baking soda on the area when the carpet is dry and vacuum. This will zap any lingering smells from Spot's accident.

7 Clean your automatic coffee maker

Water can leave minerals and coffee can leave behind oils, both of which can mess with your morning enjoyment. Always follow manufacturer's instructions, so if vinegar is on the list of things not to use with your machine, don't do the following. For anyone else, this is an easy way to clear out the grime for the truest-tasting joe you've had in a while:

Empty the coffee pot and fill with vinegar. Pour it in the water reservoir and run a cycle. Dump the carafe again and fill with water. Run another brewing cycle. Err on the side of rinsing too much to ensure the vinegar taste will be gone before you brew your next pot.

Sponge your window with a mix of white vinegar and water, then squeege it clean. ALL PHOTOS ISTOCK

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Dont'a Hightower returns as one of the Pats' most important pieces on defense. GETTY IMAGES

Patriots linebackers preview: Hightower leads the way again

David Harris is the grizzled vet in the Pats' linebacking unit.

JAMES TOSCANO
@Jimmy_Toscano
sports@metro.us

We know that the Patriots are sitting pretty at the cornerback position, and that's going to make things difficult for opposing quarterbacks. But it doesn't just end there — which is a good thing, because it wouldn't take long for teams to gameplan around a player or two in the passing game.

Patrolling the middle of the field is another must for this Patriots defense, and luckily they appear to have the personnel to do so.

Of course, we can't talk about the current linebacker corps without first mentioning the fact that Rob Ninkovich — who played both outside linebacker and defensive end — called it a career on Sunday. Ninkovich's exit affects the defensive end position more now, but his retirement is still felt all over the defense.

But the most important player of the linebacking unit has returned to the team after a brief free agency testing of the waters: Dont'a Hightower.

Hightower signed a four-year, $35.5 million deal with the Patriots over the offseason. It was another key offseason move for the Patriots, as they lock in one of the best linebackers in the NFL for the foreseeable future.

The favorites: Dont'a Hightower, David Harris, Shea McClellin, Elandon Roberts, Kyle Van Noy, Jonathan Freeny

Hightower has been seen as a key piece to the Pats defense since he was drafted in the first round of the 2012 NFL Draft. The knock on Hightower during his first five NFL seasons is not his smarts, maturity, or physical stature, but his ability to stay healthy. Concerns over his health was reportedly the reason teams like the Steelers and Jets passed up on making him offers. As it is, he begins camp on the PUP list. But there's no doubting when the 6-fooot-3, 265-pound Hightower is healthy and on the field the Patriots can be a lethal defense.

David Harris is one of many noteworthy additions this season after spending the first 10 seasons of his NFL career with the New York Jets. Harris still appears to have plenty left in the tank and also provides a veteran presence. In eight of his 10 seasons he's recorded at least 95 combined tackles. He's also only missed one game over his last eight seasons. The best ability is availability.

Look for Shea McClellin to continue to trend in the right direction with the Patriots after one year with the team. If there's one thing Bill Belichick likes it's versatility. "He's worked very hard to play with those different techniques and have versatility for us playing on the end of the line, playing off the line, playing in pass coverage, rushing the passer, running games with the defensive linemen and has a number of roles in the kicking game for us," Belichick said.

Elandon Roberts, a 2016 sixth-round pick, saw an increase in his role last year when Jamie Collins was traded. Roberts could be one of the pleasant surprises in camp as he gets an opportunity with Hightower on the PUP list.

Kyle Van Noy and Jonathan Freeny will look to fill out the unit.

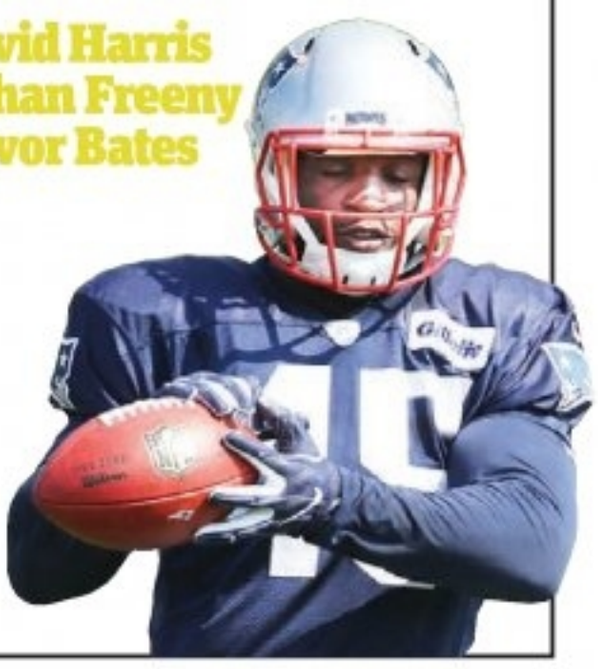
The rest: Trevor Bates, Brooks Ellis, Harvey Langi

Patriots linebackers depth chart

MLB1 David Harris
MLB2 Jonathan Freeny
MLB3 Trevor Bates

WLB1 Shea McClellin
WLB2 Elandon Roberts
WLB3 Brooks Ellis

SLB1 Dont'a Hightower
SLB2 Kyle Van Noy
SLB3 Harvey Langi



FANTASY BASEBALL: POST-TRADE DEADLINE WINNERS, LOSERS

OPINION

KYLE BISHOP
@amoralpanic

In the aftermath of the MLB trade deadline, plenty of players saw their circumstances change — and with them, their fantasy value. Here are four players whose outlooks for the remainder of the 2017 season were altered due to deadline deals.

Trending Up

Yu Darvish, SP, Los Angeles Dodgers
The rich got richer, as the Dodgers — already on pace to make a run at the all-time wins record — added the best player available at the deadline. While 2017 hasn't been Darvish's best season, he remains on the short list of pitchers who can be considered an ace. That form was on display Friday, as he tossed seven shutout innings and struck out 10 in his Dodger debut. The move to the National League, a better team, and a friendlier home park should provide a boost to his production over the final two months.

Jonathan Lucroy, C, Colorado Rockies
Lucroy was sent packing in July for the second-straight year, though the demand for his services this time around was much more tepid. That tends to happen when you're having the worst season of your career. Still, if anything can salvage a struggling hitter, it's being traded to Colorado and getting to play half your games in the hitters' paradise that is Coors Field.

Trending Down

Brandon Kintzler, RP, Washington Nationals
This year's trade deadline saw a lot of relievers get moved, and arguably nobody's fantasy value took more of a hit than Kintzler's as a result. Formerly the undisputed closer for the Twins (for whom he racked up 28 saves in 32 chances), Kintzler now finds himself back in a setup role with the Nationals. Both Sean Doolittle and Ryan Madson have more closing experience and have pitched better than Kintzler this year, limiting his chances of making it back to the ninth inning role. Without saves, Kintzler is a fantasy nonentity.

Addison Reed
GETTY IMAGES

Addison Reed, RP, Boston Red Sox
Second verse, almost the same as the first. Reed's strikeouts and ratios can still help your squad, but again, losing regular save opportunities tanks his value. Moving to the tougher league certainly doesn't help matters. Nor does having to pitch regularly at Fenway Park, especially for a guy who has had his fair share of problems keeping the ball in the yard.

Kyle Bishop is a lead MLB columnist at RotoBaller.com. His articles are your secret weapon for winning fantasy leagues.

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Unit	1028	Stanley, Dawn	Boxes, Bags, Totes, Misc.
Unit	1033	Rincon, Jaster	Boxes, Bags, Totes, Misc.
Unit	1049	Amadi, Cyprian	Boxes, Bags, Totes, Misc.
Unit	1071	Faverman, Linda	Boxes, Bags, Totes, Misc.
Unit	1079	Willis, James	Boxes, Bags, Totes, Misc.
Unit	1083	Fernandes, Fernando	Boxes, Bags, Totes, Misc.
Unit	1084	Gonzalez, Delia	Boxes, Bags, Totes, Misc.
Unit	1102	Cronin, Jessica	Boxes, Bags, Totes, Misc.
Unit	1106	Tallent, Dorcee	Boxes, Bags, Totes, Misc.
Unit	1115	Deleon, Meagan	Boxes, Bags, Totes, Misc.
Unit	1165	Cunningham, robert	Boxes, Bags, Totes, Misc.
Unit	1169	Mello, Patience	Boxes, Bags, Totes, Misc.
Unit	1175	De la ronde, Eva	Boxes, Bags, Totes, Misc.
Unit	2001	Petsuck, Nadine	Boxes, Bags, Totes, Misc.
Unit	2048	Crader, Simon	Boxes, Bags, Totes, Misc.
Unit	2059	Devaney, Victoria	Boxes, Bags, Totes, Misc.
Unit	2089	Bucco, Brian	Boxes, Bags, Totes, Misc.
Unit	2093	Arzu, Nicasio	Boxes, Bags, Totes, Misc.
Unit	2125	Meyers, Laurie	Boxes, Bags, Totes, Misc.
Unit	2127	Avagianos, Mark	Boxes, Bags, Totes, Misc.
Unit	2129	Rice, John	Boxes, Bags, Totes, Misc.
Unit	2131	Power, Aimee	Boxes, Bags, Totes, Misc.
Unit	2141	Shamshak, Rosemary	Boxes, Bags, Totes, Misc.
Unit	2187	Banville, Robert	Boxes, Bags, Totes, Misc.
Unit	3001	Thomasson, Jessica	Boxes, Bags, Totes, Misc.
Unit	3007	Brindle, Sherry	Boxes, Bags, Totes, Misc.
Unit	3028	Bettencourt, Craig	Boxes, Bags, Totes, Misc.
Unit	3047	Warshaver, Dennis	Boxes, Bags, Totes, Misc.
Unit	3048	Gallagher, Scott	Boxes, Bags, Totes, Misc.
Unit	3055	Sawall, Kathy	Boxes, Bags, Totes, Misc.
Unit	3067	Goldberg, Samuel	Boxes, Bags, Totes, Misc.
Unit	3088	Erps, Barbara	Boxes, Bags, Totes, Misc.
Unit	3091	Lima, Victor	Boxes, Bags, Totes, Misc.
Unit	3100	Genica, Diane	Boxes, Bags, Totes, Misc.
Unit	3117	Whyman, Christopher	Boxes, Bags, Totes, Misc.
Unit	3130	Hood, Kevin	Boxes, Bags, Totes, Misc.
Unit	3131	Spell, Jacob	Boxes, Bags, Totes, Misc.
Unit	3145	Borbon, Analda	Boxes, Bags, Totes, Misc.
Unit	3154	Burke, Lisa	Boxes, Bags, Totes, Misc.
Unit	3167	Gillis, Diane	Boxes, Bags, Totes, Misc.
Unit	3177	Fitzgerald, Sydney	Boxes, Bags, Totes, Misc.
Unit	3182	Halleran, Marty	Boxes, Bags, Totes, Misc.
Unit	3202	Carmo, Dawn	Boxes, Bags, Totes, Misc.
Unit	3207	Rijo- Garcia, Cristal	Boxes, Bags, Totes, Misc.
Unit	3246	Mills, Jed	Boxes, Bags, Totes, Misc.
Unit	3252	Bedard, Michelle	Boxes, Bags, Totes, Misc.
Unit	3281	Lonergan, Robert	Boxes, Bags, Totes, Misc.
Unit	3282	Grimes, Jonpaul	Boxes, Bags, Totes, Misc.

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MGHPainResearch@partners.org
http://www.massgeneral.org/translationalpainresearch/

Weight & Fat Loss Study

Researchers at Tufts University Invite you to Participate in a Body Fat Reduction Study

You may qualify if you are:
- 18 to 65 years old man or woman
- Free of known chronic diseases
- A non-smoker
- BMI is between 26-37 kg/m²and weigh more than 164lbs

And you are willing to:
- Have a medical exam / laboratory tests
- Provide blood and urine samples during the study
- Consume the study supplements
- Commit for 12 weeks

Payment up to $630 if you qualify and complete the entire study.

For more information please e-mail volunteers-hnrc@tufts.edu or call 1-800-738-7555 and request Study # 2885

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JOBS

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Bi-Lingual Resident Wellness Director
Fluent in French, Haitian-Creole, or Spanish

The Resident Wellness Director (RWD) is a three-year grant funded position under the U.S. Department of Housing and Urban Development's (HUD) Supportive Services Demonstration (SSD). The RWD works in concert with each participant and their natural support network. The RWD's responsibility is to help members address needs, achieve their self-identified goals, and support their ability to safely age in place.

Job Duties and Responsibilities include:

Fluent in French, Haitian-Creole or Spanish

- Oversee an initial and on-going resident assessment process, including conducting person-centered interviews to understand member lifestyles and interests, and collaborating with the Wellness Nurse (WN) to complete a member health and wellness assessment that gathers information about member physical, mental, functional and social status.
- Develop individual-level and community-wide health aging plans, with input from the WN and member, to address identified interests and needs.
- Organize and coordinate on-site wellness and health improvement programs, events, and activities.
- In collaboration with the WN, review discharge plans to help ensure timely follow-up of needed supports and coordination of care for members discharged from the emergency department, hospital, skilled nursing facility, or home health care.
- Assist members in identifying and accessing needed services and benefits, and serve as a liaison or advocate for members when help is needed to secure resources.
- Convene and facilitate team meetings that may occur with the WN and/or community partners to triage member needs and develop strategies to efficiently address and coordinate service needs.
- Maintain all necessary member and program data in the electronic data platform.

Job Qualifications:
- Bachelor's degree in social work or related subject
- Understanding of and sensitivity to the needs of low-income older adults and persons with disabilities.
- Basic computer proficiency, including ability to maintain data in an electronic database, communicate via email, use internet, and operate word processing software to create program materials.

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All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro US reserves the right to edit, reject, cancel or reclassify an ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

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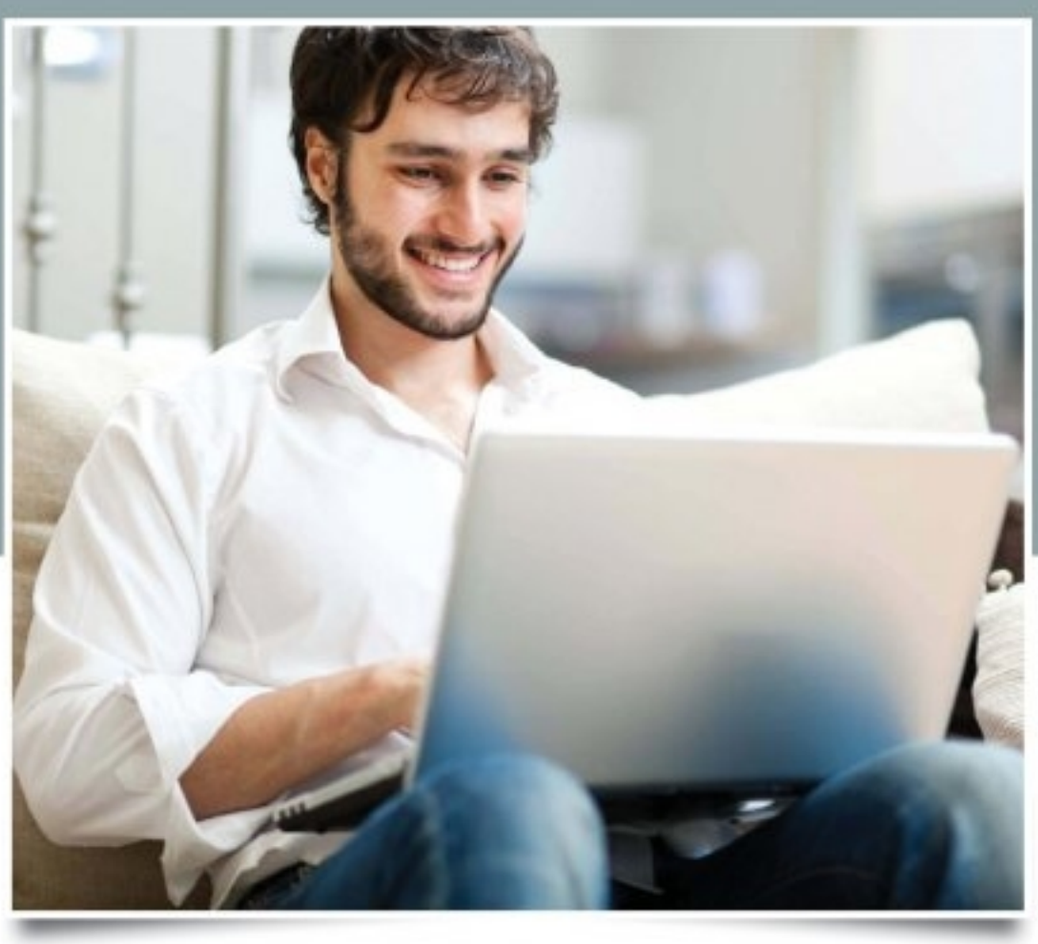
Are you a healthy man without any chronic illness?
Is your age between 21 and 50 years?



If yes

You are invited to participate in a research study at the Brigham and Women's Hospital that is looking at the effects of a dietary supplement ß-nicotinamide mononucleotide, (a dietary component found in various food products) on glucose, insulin and other laboratory parameters.

- Participation includes a total of 26 visits (includes 5 overnight visits)
- Financial compensation of up to $2130 is provided
- Free parking and meals are also provided

For more information, please call **617-278-0722** or email
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PS ORANGECO, INC.
NOTICE OF PUBLIC AUCTION

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 8/24/2017 at PS ORANGECO, Inc., 240 Newbury St Peabody, MA 09160 The personal goods stored therein by the below named occupant (s):

Unit	B071	Connor, Andrew	Boxes, Bags, Totes, Misc.
Unit	B076	Caquias, Kelly	Boxes, Bags, Totes, Misc.
Unit	B131	Gianelli, Lisa	Boxes, Bags, Totes, Misc.
Unit	B137	Depalo, Joseph	Boxes, Bags, Totes, Misc.
Unit	B141	Parker, Mona	Boxes, Bags, Totes, Misc.
Unit	B156	Harris, tara	Boxes, Bags, Totes, Misc.
Unit	B162	Stickney, Mark	Boxes, Bags, Totes, Misc.
Unit	B167	Vainas, Mark	Boxes, Bags, Totes, Misc.
Unit	B201	Lonergan, Robert	Boxes, Bags, Totes, Misc.
Unit	B205	Quinn, Robert	Boxes, Bags, Totes, Misc.
Unit	B247	SHAMSHAK, LYNDA	Boxes, Bags, Totes, Misc.
Unit	B252	hart, tanisha	Boxes, Bags, Totes, Misc.
Unit	B294	Riley, Serena	Boxes, Bags, Totes, Misc.
Unit	D001	Martin, Kimberly	Boxes, Bags, Totes, Misc.
Unit	D006	Steiger, David	Boxes, Bags, Totes, Misc.
Unit	D018	Leblanc, Dean	Boxes, Bags, Totes, Misc.
Unit	D019	Feehan, Melanie	Boxes, Bags, Totes, Misc.
Unit	D038	Aoude, Chaddy	Boxes, Bags, Totes, Misc.
Unit	D050	Barbuto, Michael	Boxes, Bags, Totes, Misc.
Unit	D052	Jacobson, Susan	Boxes, Bags, Totes, Misc.
Unit	D067	Faragi, Jessica	Boxes, Bags, Totes, Misc.
Unit	D077	Barr, Blake	Boxes, Bags, Totes, Misc.
Unit	D111	Horton, Beverly	Boxes, Bags, Totes, Misc.
Unit	D154	Jackson, Robert	Boxes, Bags, Totes, Misc.
Unit	D179	Murphy, Scott	Boxes, Bags, Totes, Misc.
Unit	D190	Pacifico, Richard	Boxes, Bags, Totes, Misc.
Unit	D203	Smith, Walter	Boxes, Bags, Totes, Misc.
Unit	D223	Benedict, Cassandra	Boxes, Bags, Totes, Misc.
Unit	D252	Brannelly, Sandra	Boxes, Bags, Totes, Misc.
Unit	D261	MCKEEVER, HELEN	Boxes, Bags, Totes, Misc.
Unit	D268	Quinones, Jessica	Boxes, Bags, Totes, Misc.

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PS ORANGECO, INC.
NOTICE OF PUBLIC AUCTION

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 08/24/17 PS ORANGECO, Inc., 650 Eastern Avenue, Malden, MA 02148. The personal goods stored therein by the below named occupant (s):

Unit	A1087	Brophy Long, Carol	Boxes, Bags, Totes, Misc.
Unit	A1104	Trovato, Joe	Boxes, Bags, Totes, Misc.
Unit	A1131	Henry, Marlon	Boxes, Bags, Totes, Misc.
Unit	A1200	Jean Pierre, Mbiti	Boxes, Bags, Totes, Misc.
Unit	A1270	Jean-Louis Panosky	Boxes, Bags, Totes, Misc.
Unit	A2025	Moriconi, Carol	Boxes, Bags, Totes, Misc.
Unit	A2027	Javier, Carol	Boxes, Bags, Totes, Misc.
Unit	A2070	Doherty, James	Boxes, Bags, Totes, Misc.
Unit	A2227	Bethea, Leah	Boxes, Bags, Totes, Misc.
Unit	A2253	Godfrey, Tanya	Boxes, Bags, Totes, Misc.
Unit	A2307	Heredia, Julia	Boxes, Bags, Totes, Misc.
Unit	A2323	Fitzpatrick, Ann	Boxes, Bags, Totes, Misc.
Unit	A2327	Joseph, Helen	Boxes, Bags, Totes, Misc.
Unit	A2332	Willcox, Debra	Boxes, Bags, Totes, Misc.
Unit	A2369	Puccio, Hannah	Boxes, Bags, Totes, Misc.
Unit	A2383	McKenzie, Ashanti	Boxes, Bags, Totes, Misc.
Unit	A2398	Lavery, Michael	Boxes, Bags, Totes, Misc.
Unit	A2008	Smith, Marguerite	Boxes, Bags, Totes, Misc.

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PS ORANGECO, INC.
NOTICE OF PUBLIC AUCTION

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC AUCTION BY COMPETITIVE BIDDING at 9:00 am on 08/24/17 PS ORANGECO, Inc., 140 Broadway, Everett, MA 02149. The personal goods stored therein by the below named occupant (s):

Unit	1015	Caruso, Robert	Boxes, Bags, Totes, Misc.
Unit	1016	Joacine, Widens	Boxes, Bags, Totes, Misc.
Unit	1023	Dussault, Nicole	Boxes, Bags, Totes, Misc.
Unit	1060	POUCH, MICHAEL	Boxes, Bags, Totes, Misc.
Unit	1092	Lee, Lawnjea	Boxes, Bags, Totes, Misc.
Unit	1094	Moreland, Timothy	Boxes, Bags, Totes, Misc.
Unit	1133	Jean, Ursule	Boxes, Bags, Totes, Misc.
Unit	1151	Egdahl, David	Boxes, Bags, Totes, Misc.
Unit	2017	Evangeline, Geffrard	Boxes, Bags, Totes, Misc.
Unit	2070	Dasilva, Reinaldo	Boxes, Bags, Totes, Misc.
Unit	2084	Reyes, Jose	Boxes, Bags, Totes, Misc.
Unit	2094	Whalen Jr, Michael	Boxes, Bags, Totes, Misc.
Unit	2137	Hubbard, Jimmy	Boxes, Bags, Totes, Misc.
Unit	2149	Turner, Carmen	Boxes, Bags, Totes, Misc.
Unit	2181	Mangerian, Richard	Boxes, Bags, Totes, Misc.
Unit	2243	Lucas, Angela Lucia	Boxes, Bags, Totes, Misc.
Unit	3072	Mcqueeney, Nancy	Boxes, Bags, Totes, Misc.
Unit	3075	Osgood, Mathew	Boxes, Bags, Totes, Misc.
Unit	3108	Paquette, Ben	Boxes, Bags, Totes, Misc.
Unit	3145	Baker, Margaret	Boxes, Bags, Totes, Misc.
Unit	3256	Valme, Jean	Boxes, Bags, Totes, Misc.
Unit	4051	Acevedo, Hector	Boxes, Bags, Totes, Misc.
Unit	4058	Rosa, Noemi	Boxes, Bags, Totes, Misc.
Unit	4128	Sousa, Shawn	Boxes, Bags, Totes, Misc.
Unit	4164	Dufresne, Nivardo	Boxes, Bags, Totes, Misc.
Unit	4194	Bajsair, Yazeed	Boxes, Bags, Totes, Misc.
Unit	4228	Edwards, Samantha	Boxes, Bags, Totes, Misc.
Unit	4315	Dickey, Martha	Boxes, Bags, Totes, Misc.
Unit	4332	Nishiyama, Ingrid	Boxes, Bags, Totes, Misc.
Unit	4346	Goes, Carlos	Boxes, Bags, Totes, Misc.
Unit	4347	Marsan, Belinda	Boxes, Bags, Totes, Misc.
Unit	3235	Trudeau, Noelle	Boxes, Bags, Totes, Misc.

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NOTICE OF PUBLIC AUCTION

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Unit	A1009	Manni, Andrea	Boxes, Bags, Totes, Misc.
Unit	A1038	Blanco, Miguel	Boxes, Bags, Totes, Misc.
Unit	A1101	Campbell, Stacey	Boxes, Bags, Totes, Misc.
Unit	A1122	DIVE KS	Boxes, Bags, Totes, Misc.
Unit	A1132	Maker, Ryan	Boxes, Bags, Totes, Misc.
Unit	A2007	Bianchi, Derek	Boxes, Bags, Totes, Misc.
Unit	A2053	Ginthwain, Nicole	Boxes, Bags, Totes, Misc.
Unit	A2059	Werner, Robert	Boxes, Bags, Totes, Misc.
Unit	A2068	Morse, Seymour	Boxes, Bags, Totes, Misc.
Unit	A2083	Leary, Christy	Boxes, Bags, Totes, Misc.
Unit	A2096	Clampa, Craig	Boxes, Bags, Totes, Misc.
Unit	A2113	Milano, Andrew	Boxes, Bags, Totes, Misc.
Unit	A2186	Terry, Kendra	Boxes, Bags, Totes, Misc.
Unit	B002	Delacruz, Tammy	Boxes, Bags, Totes, Misc.
Unit	B013	Prinz, Logan	Boxes, Bags, Totes, Misc.
Unit	B016	Klimowicz, Ken	Boxes, Bags, Totes, Misc.
Unit	B054	Daley, Jeffrey	Boxes, Bags, Totes, Misc.
Unit	B064	Lundgren, Caren	Boxes, Bags, Totes, Misc.
Unit	B066	Dickey, Steven	Boxes, Bags, Totes, Misc.
Unit	B070	Adamo, Donna	Boxes, Bags, Totes, Misc.
Unit	B078	Cushing, Richard	Boxes, Bags, Totes, Misc.
Unit	B125	Drew, Joanne	Boxes, Bags, Totes, Misc.
Unit	B126	Curran, Dan	Boxes, Bags, Totes, Misc.

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MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Michael M. MacDonald to Mortgage Electronic Registration Systems, Inc. as nominee for, Mortgagelt, Inc., its successors and assigns, dated April 23, 2007 and recorded with the Suffolk County Registry of Deeds at Book 41669, Page 211 subsequently assigned to Bank of America, N.A., Successor by Merger to BAC Home Loans Servicing, LP FKA Countrywide Home Loans Servicing, LP by Mortgage Electronic Registration Systems, Inc. as nominee for, Mortgagelt, Inc., its successors and assigns by assignment recorded in said Suffolk County Registry of Deeds at Book 48492, Page 311, subsequently assigned to Federal National Mortgage Association by Bank of America, N.A., Successor by Merger to BAC Home Loans Servicing, LP FKA Countrywide Home Loans Servicing, LP by assignment recorded in said Suffolk County Registry of Deeds at Book 54358, Page 277 and subsequently assigned to Wilmington Savings Fund Society, FSB, D/BA Christiana Trust, not individually but as Trustee for Carlsbad Funding Mortgage Trust by Federal National Mortgage Association by assignment recorded in said Suffolk County Registry of Deeds at Book 56606, Page 31; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 3:00 PM on August 16, 2017 at 330 Meridian Street Unit #4, Boston (East Boston), MA, all and singular the premises described in said Mortgage,

TO WIT:

Condominium _Unit No 4 (Unit) in the Condominium known as 330 Meridian Street Condominium (Condominium), situated in Boston, Suffolk County, Massachusetts created by a Master Deed dated November 3, 2006 and recorded with the Suffolk Registry of Deeds on November 10, 2006 in Book 40731, Page 282, as amended, together with the benefit of and subject to such exclusive and non-exclusive right to use any parking space(s) or storage space(s) located within the common areas and facilities of the Condominium and appurtenant to the Unit or used in connection therewith. The Unit is more particularly described (1) in the Master Deed, (2) such site and floor plans as have been recorded therewith, (3) in the first Unit Deed thereof and (4) copies of portions of such site and floor plans filed therewith. The Unit is conveyed together with an undivided 22.00 percent interest in the common areas and facilities of the Condominium and the same percentage interest in the Organization of Unit Owners known as 330 Meridian Street Condominium Trust (the Unit Owners Organization) created by instrument recorded simultaneously with said Master Deed. The Unit and said undivided interests are together hereinafter referred to as the Mortgaged Premises. The Mortgaged Premises are conveyed subject to and together with the benefit of(i) the provisions of Chapter 183A of the General Laws (Ter. Ed.) of the Commonwealth of Massachusetts, as amended, (2) the provisions and matters set forth and/or referred to in the Master Deed, (3) the provisions of the instrument creating the Unit Owners Organization and the By-Laws thereunder as recorded with the Master Deed and such Rules and Regulations as may be promulgated thereunder, and (4) the provisions set forth and referred to in the Unit Deed to Mortgagor(s) recorded with said Deeds herewith, to which Unit Deed reference is herein made for the title of Mortgagor(s). Recorded herewith.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS ($5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

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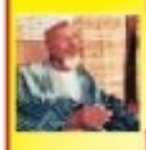

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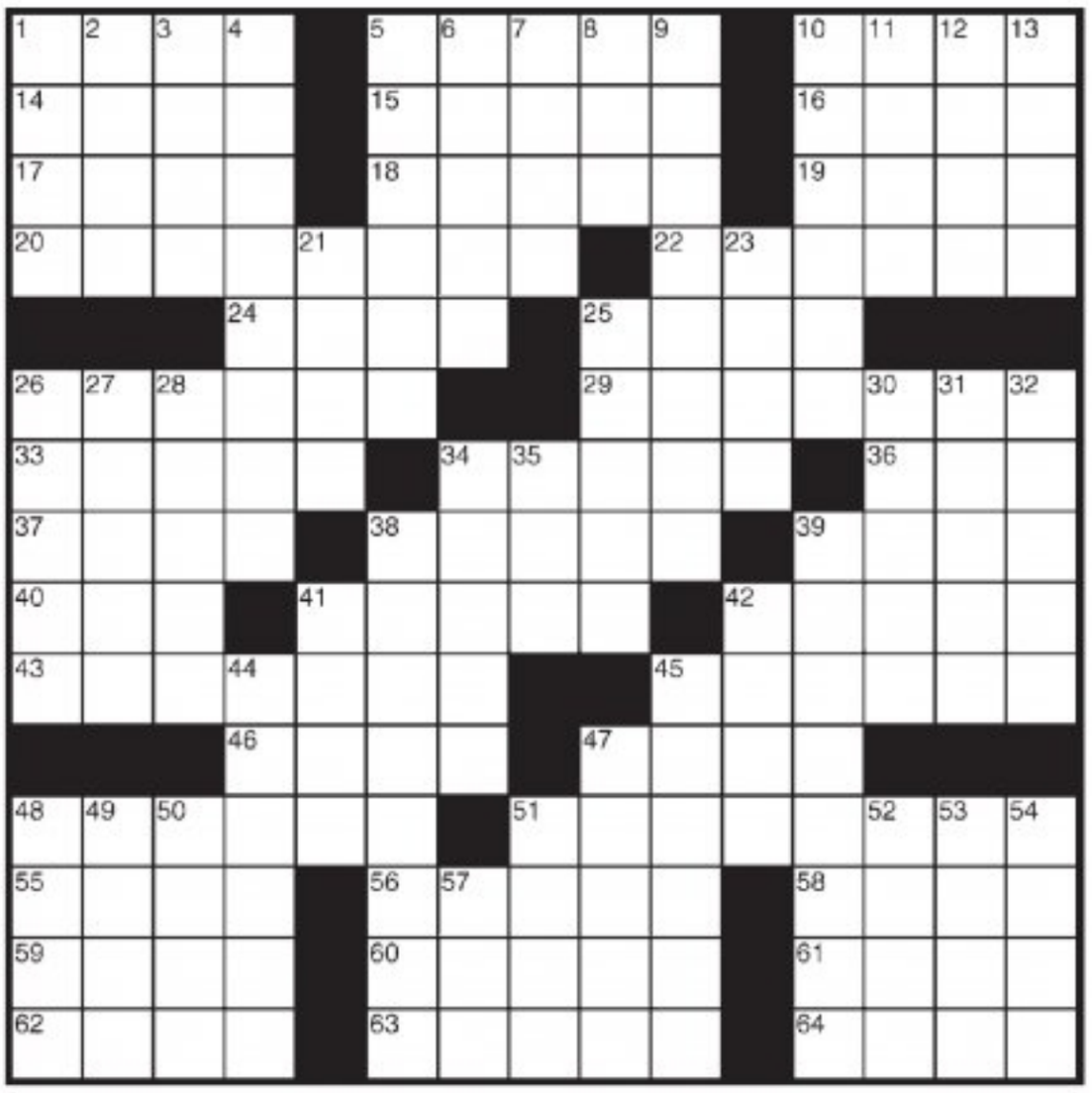
metro.us/crossword

Across

1 Latin 101 word
5 Fast-growing vine
10 "Free Willy" whale
14 Heart
15 Pungent veggie
16 Turns right
17 Travel preference
18 Curly coifs
19 Youngsters
20 Form the foundation of
22 Short-order fare
24 Nanny --
25 Bridge support
26 Prizes
29 Kind of lineup (hyph.)
33 Festivals
34 Headquartered
36 Popular cruise stop
37 Nature's building block
38 -- up (confessed)
39 Army wear
40 Permanent marker
41 Ties the score
42 To the point
43 Put up
45 Hammers
46 Handed-down stories
47 "Brian's Song" star
48 Be plentiful
51 Altar locales
55 Nickel or dime
56 Orchestra members
58 Medal recipient
59 Luxury fur
60 Moderator
61 "Blondie" kid
62 Broad-antlered deer
63 Excalibur, for example
64 Distance

Down

1 Tan shade
2 Reddish-brown horse
3 Extra dry
4 Wire
5 Eucalyptus diners
6 Not qualified
7 Dreadful
8 Elephant quarters
9 Pristine
10 Gawkers
11 True
12 Yield, as territory
13 Off. aide
21 Retina cells
23 Canasta play
25 Canape toppers
26 Wide open
27 Mind the flowers
28 By oneself
30 Wedding gown feature
31 Faced the target
32 House toppers
34 Nobel or Garbo
35 Rural lodging
38 Works too hard
39 Tight situations
41 School near Windsor Castle
42 Male razorback
44 Thuds
45 Stopped for a moment
47 Shout hurrah
48 Pinnacle
49 Seethe
50 Sty noise
51 First name in perfume
52 Tide over
53 Ms. Bombeck
54 Before very long
57 Luxury car



metro.us/sudoku

easy

	7				4	6		8
5	4	6		9				
		2		1		5		9
8			4				1	
				8				
	1				5			2
9		7		5		4		
				4		2	7	3
4		8	2				6	

hard

7							2	
	5		3	2	4			7
	3		8			6		
	7	3		1		4		
			5		2			
		9		3		5	7	
		2			3		5	
4			2	5	1		3	
	1							6

metro.us/horoscopes

Aries Be wary of anyone asking too many personal questions. Protect your passwords, credit cards and any information that could be used against you.

Taurus Your enthusiasm and contributions will be appreciated and rewarded. What you discover about others will give you greater insight into your capabilities.

Gemini Emotions will get you into trouble. Be careful what you reveal to colleagues or anyone who may not have your best interests at heart. Protect personal information.

Cancer Express your emotions and discuss matters that are of concern to you. Your ideas will be well-received and will set the stage for positive change. Romance is featured.

Leo A change of scenery will do you good. Set up a business meeting or attend a function offering information that will help you improve the way you do things.

Virgo An emotional situation will help you express your true feelings and prompt you to make improvements to important relationships. Communication will be key.

Libra Make personal changes that will boost your confidence. Updating your look or working on projects that add to your skills, and experience will help you get ahead.

Scorpio Stick close to home and explore innovative ideas that can help you make progress. A business meeting with someone interested in your talents looks promising.

Sagittarius A passionate approach to your endeavors will make you difficult to beat. Do whatever it takes to improve your relationship with a child, parent or sibling.

Capricorn Partnerships, negotiations and joint ventures are featured. Discuss your plans with someone who has as much to contribute as you do. Romance is highlighted.

Aquarius Children, parents or organizations that require your help should be handled with patience. Use innovative tactics to get people to pitch in and help.

Pisces Your sincerity will capture attention and help you get your way. Let your creative ideas lead to personal change and the acquisition of new skills. EUGENIA LAST

Yesterday's answers

G	I	L	A	■	C	L	A	C	K	■	F	O	B	S
O	D	I	N	■	H	E	L	E	N	■	O	P	I	E
O	L	L	A	■	A	I	S	L	E	■	R	A	T	E
D	E	A	L	E	R	S	■	L	A	B	E	L	E	D
■	S	C	O	U	R	■	S	O	D	A	S	■	■	■
■	■	■	G	R	I	L	L	■	S	I	E	S	T	A
B	A	H	S	■	N	O	A	H	■	Z	E	R	O	S
A	C	E	■	A	G	I	T	A	T	E	■	T	U	T
T	H	I	E	F	■	N	I	N	O	■	B	A	R	A
H	E	R	M	I	T	■	E	D	G	A	R	■	■	■
■	■	■	B	R	I	A	R	■	E	L	E	C	T	■
R	E	T	R	E	A	D	■	S	T	E	E	L	E	R
A	R	E	A	■	R	A	J	A	H	■	D	O	M	E
M	I	S	C	■	A	G	A	T	E	■	E	S	P	N
P	E	T	E	■	S	E	W	E	R	■	R	E	E	D

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